



STOP SMOKING SUPPORT

The Stop Smoking clinics available in this area are:

Witham Sport Centre – Thursdays 3.30pm – 5.30pm

Witham Library – Every other Friday 9.00-12.00pm

St Peters Hospital ARU – Maldon

Tuesday – 5.00pm – 6.00pm

Longfield Medical Centre – Maldon

Wednesday – 2.00pm – 4.00pm

Also Available:

Telephone clinics - Daytime, Evening and Saturday morning.

Coming Soon

Stop Smoking Support Via a phone app.

Call to book an appointment on 0300 303 9988

Mon – Friday 8.00am – 8.00pm